

C.L.G. Today™

Official Newsletter of the National Clogging Leaders Organization

Lehigh Valley Cloggers' News from 2013

The Lehigh Valley Cloggers Inc. (LVC) is a non-profit organization founded in 1990 for the specific purpose of promoting the American Step Dance known as "clogging" in the Lehigh Valley of Pennsylvania and surrounding New Jersey areas. Mary Snyder, a founding director, passed away, September 29, 2011, after a lifetime commitment to clogging and square dancing. Her legacy is the continuation of the group she founded and the dance she loved.

Over the years, LVC has had several "home" locations starting in the Lehigh Valley city of Bethlehem, Pa, moving to Phillipsburg, NJ and currently at Faith Discovery Church Community Center Hall in Washington, NJ. Our membership has also changed over the years with members ranging in age from 5 to 70's, including

brother and sister, mother and daughter, grandmother and granddaughter combinations, and of course, friend bringing friend, and neighbor bringing neighbor.

We hold an open house each September but invite new members to join throughout the year. This year's Open House will be held on September 21, 2013 at Faith Discovery Church Community Center Hall in Washington, NJ., from 9am to 12pm. This is a free event open to adults, and school- age children. Clogging is a great family activity!

Gail Binns, who has been with the group since 1999, serving as director from 2011 to 2012, has turned the directorship over to Donna Becker but remains the club adviser. Along with instructors Gerri Conarello and Amy Adams, they encourage each clogger to strive for improvement but to have fun along the way. The LVC provide entertainment at local senior centers, retirement homes, community events, festivals and fairs as part of our mission: "the preservation, promotion, teaching, and continuing evolution of Appalachian Clogging and Traditional Dance." The group performs to a variety of music including traditional Bluegrass, Irish, Polka, modern country, and pop, many of which are learned at our workshop and at the other workshops held around the country. Clogging is great exercise for the body and mind as well as being lots of fun.



Our members come from a variety of backgrounds, elementary to high school students, teachers, nurses, engineers, homemakers, counselors, social workers, retired and actively employed. The common denominator that brings the group together like a family is the love of clogging. So twice a week on Sunday afternoons from 1:30pm to 4pm and Tuesday evenings, from 6pm to 8pm the joyful music and the sound of jingle taps can be heard ringing across the parking lot of Faith Discovery Church in Washington, NJ, as the Lehigh Valley Cloggers share their passion with each other. Amid the music and clogging you are sure to hear a lot of laughter and fun too.

Find us on the web at Lehigh Valley Cloggers.com.

CLOG Today

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CLOG - The National Clogging Leaders Organization, Inc.

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Send address changes to CLOG, Inc.

CLOG Board of Directors:

| | |
|-------------------------------|--|
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CLOG Today (formerly known as the *Flop-Eared Mule*) is the official newsletter for the National Clogging Leaders Organization, Inc., published by cloggers, for cloggers, in an effort to share clogging news and to promote and preserve the Clogging dance form.

CLOG members receive a copy of the *CLOG Today* newsletter as a benefit of CLOG membership. CLOG offers two membership classes: Gold (\$30.00 per year) and Silver (\$25.00 per year), US funds only.

CLOG Today Staff

| | |
|----------------|--|
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|----------------|--|

CLOG encourages all cloggers and clogging enthusiasts to contribute to the content of the newsletter. Please send news items, advertising, comments, and/or suggestions to the editor.

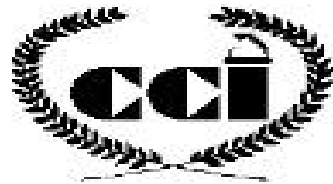
High-quality images and documents in Microsoft Word (attached to e-mail) are preferred. Original photos and documents sent via postal mail are also accepted (please send SASE for materials you wish to be returned).

| Issue: | Deadline: |
|-------------------|-------------|
| January-February | December 15 |
| March-April | February 15 |
| May-June | April 15 |
| July-August | June 15 |
| September-October | August 15 |
| November-December | October 15 |

Advertising rates are available online or by contacting the editor.

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CERTIFIED CLOGGING INSTRUCTOR TRAINING PROGRAM

Mission Statement

The Certified Clogging Instructor Program (CCI), begun in 1994 as a program of CLOG, was instituted to help increase the quality of clogging instruction for all levels of dancers nationwide. CCI provides a comprehensive educational program and a framework of solid instruction techniques, team management skills and choreography basics supported by an in depth history of the dance itself, for instructors wishing to become more informed, effective, confident, and professional members of the clog dance community. In addition, the program is designed to offer a wealth of information for those simply interested in becoming more knowledgeable of clogging as a dance form.

The CCI team recognizes the need for enlightened and professional instructors not only for young adult and competition teams on the cutting edge of modern clogging, but also for beginners, seniors, and recreational dancers as well.

This program is not intended to be an indicator of the most skillful dancers in our art form today, nor is it necessarily a vehicle to becoming a widely recognized workshop instructor. It is a professional designation for instructors who have spent many hours dedicating themselves to becoming the best leaders possible by learning from some of the most competent, qualified, and successful instructors in the clogging world today.

It is the goal of CCI to provide an educational program for individuals interested in clogging as a dance form and to serve as an asset to all dance instructors teaching all types of dancers.

Clog offers a variety of educational 'tracks' within the CCI program:

- ◆ [Certificate of Education](#)
- ◆ [CCI Designation](#)
- ◆ ["Fast Track" Certification program](#)
- ◆ [International Certification](#)

Dance Around Molly (Bluegrass)

Artist: Michael Cleveland Album: Flame Keeper (Time: 2:22)

Level: Basic+ Line Dance Speed: 151 BPM

Choreo: Kerri Orthner (CCI), kerriclogs@hotmail.com, 780 922-6821, Ardrossan, AB website: www.kerriclogs.com

Sequence: A – B – C – D – A – B – C – D – A – B – Ending

Wait: 8 beats LEFT FOOT lead

Cues

Part A

Clogover 4, Fancy Travel
Rocking Chair (turn ¼ left)
Fancy Double (turn ¼ left)
Clogover 4, Fancy Travel
Rocking Chair (turn ¼ left)
Fancy Double (turn ¼ left)

Part B

Mountain Basic, Stomp Strum
Pushoff, Triple
Mountain Basic, Stomp Strum
Pushoff, Triple

Part C

3 Touches and a Basic
Hillbilly, Triple to the back
3 Touches and a Basic
Hillbilly, Triple to the front

Part D

2 Triple Brush (move forward)
2 Basics (move back)
Drag and Skip to face back
2 Triple Brush (move forward)
2 Basics (move back)
Drag and Skip to face front

Repeat Part A

Repeat Part B

Repeat Part C

Repeat Part D

Repeat Part A

Repeat Part B

Ending

Fancy Double
Shave and a Haircut

Abbreviations

(p) – Pause
BaTch – Ball Touch
BR – Brush
DS – Double Step
DT – Double Toe
Hclk – Heel Click
HTch – Heel touch
R – Rock
RS – Rock Step
S – Step

Step Breakdown (in order of appearance)

Clogover 4

| | | | |
|----|-------|----|-------|
| | (xif) | | (xib) |
| DS | DS | DS | DS |
| L | R | L | RL |
| &1 | &2 | &3 | &4 |

Rocking Chair

| | | | | |
|-----|---------------|------|-----|----|
| | (turn ¼ left) | | | |
| DS | BR | Hclk | DS | RS |
| L | R | L | R | LR |
| &a1 | & | 2 | &a3 | &4 |

Mountain Basic

| | | | | | | | | | | | | | |
|-----|-----|----|------|-----|----|-----|-----|----|------|----|------|----|------|
| (p) | STO | DT | Hclk | DS | RS | (p) | STO | DT | Hclk | DT | Hclk | DT | Hclk |
| | L | R | L | R | LR | | L | R | L | R | L | R | L |
| & | 1 | &a | 2 | &a3 | &4 | & | 5 | &a | 6 | &a | 7 | &a | 8 |

Pushoff

| | | | |
|-----|----|----|----|
| DS | RS | RS | RS |
| L | RL | RL | RL |
| &a1 | &2 | &3 | &4 |

3 Touches and a Basic

| | | | | | | | | | | |
|-----|-------|------|-----|-------|------|----|-------|------|-----|----|
| DS | BaTch | Hclk | DS | BaTch | Hclk | DS | BaTch | Hclk | DS | RS |
| L | R | L | R | L | R | L | R | L | R | LR |
| &a1 | & | 2 | &a3 | & | 4 | &5 | & | 6 | &a7 | &8 |

Hillbilly

| | | | | | | | | | | |
|-----|-------|------|-------|------|-------|------|-----|-----|-----|----|
| DS | BaTch | Hclk | BaTch | Hclk | BaTch | Hclk | DS | DS | DS | RS |
| L | R | L | R | L | R | L | R | L | R | LR |
| &a1 | & | 2 | & | 3 | & | 4 | &a5 | &a6 | &a7 | &8 |

Triple Brush

| | | | | |
|-----|-----|-----|----|------|
| DS | DS | DS | BR | Hclk |
| L | R | L | R | L |
| &a1 | &a2 | &a3 | & | 4 |

Fancy Travel

| | | | | | |
|----|-------|-------|-------|-------|-------|
| | (xif) | (ots) | (xif) | (ots) | (xif) |
| DS | DS | R | S | R | S |
| L | R | L | R | L | R |
| &5 | &6 | & | 7 | & | 8 |

Fancy Double

| | | | |
|---------------|-----|----|----|
| (turn ¼ left) | | | |
| DS | DS | RS | RS |
| L | R | LR | LR |
| &a5 | &a6 | &7 | &8 |

Stomp Strum

| | | | | | | | |
|-----|-----|----|------|----|------|----|------|
| (p) | STO | DT | Hclk | DT | Hclk | DT | Hclk |
| | L | R | L | R | L | R | L |
| & | 5 | &a | 6 | &a | 7 | &a | 8 |

Triple

| | | | |
|-----|-----|-----|----|
| DS | DS | DS | RS |
| R | L | R | LR |
| &a5 | &a6 | &a7 | &8 |

Triple

| | | | |
|-----|-----|-----|----|
| DS | DS | DS | RS |
| R | L | R | LR |
| &a5 | &a6 | &a7 | &8 |

2 Basics

| | | | |
|-----|----|-----|----|
| DS | RS | DS | RS |
| L | RL | R | LR |
| &a1 | &2 | &a3 | &4 |

Drag and Skip (end of a Louisiana or Walk the Dragon)

| | | | | | |
|------------|---|----------------|---|----------------|---|
| (move bck) | | (turn ½ Right) | | (move forward) | |
| DR | S | DR | S | SL | S |
| R | L | L | R | R | L |
| & | 1 | & | 2 | & | 3 |
| | | | | & | 4 |

Fancy Double

| | | | |
|-----|-----|----|----|
| DS | DS | RS | RS |
| L | R | LR | LR |
| &a1 | &a2 | &3 | &4 |

Shave and a Haircut

| | | | | | | |
|-----|-----|-----|---|-----|---|------|
| (p) | STO | DS | S | (p) | S | HTch |
| | L | R | L | | R | L |
| & | 5 | &a6 | & | & | & | 8 |

WEREWOLVES OF LONDON

Artist: The Countdown Singers
 Choreo: Barbara Elko
 South Park, PA 412-812-3972

Intermediate 3:19

Pioneerclloggers@gmail.com

SEQUENCE: Wait 16 INTRO A CHORUS B CHORUS BREAK C CHORUS D CHORUS**

INTRO:

ROCKING CHAIR DS BR/UP(1/4L) DS RS
 L R R LR
 ---- REPEAT 3 more times (box)

PART A:

2 SAMANTHA TURNS DS(ots) DS(xif) DR S DR S RS DS DS RS (1/2R on each)
 L R R L L R LR L R LR

4 COUNT VINE & ROCKING CHAIR DS DS(xif) DS DS(xib) DS BR/UP(1/4L) DS RS
 L R L R L R R LR

PULL BACK BASIC R S(b)/ Pull-Heel-Back S DS RS
 L R L L R LR

FANCY DOUBLE DS DS RS RS (3/4L) to face front
 L R LR LR

CHORUS:

TURKEY DRAG BASIC & 2 BASICS Pause H(ots) Flap Step(drag xib) DS RS DS RS DS RS
 L L R L RL R LR L RL

----REPEAT 3 more times opposite footwork & direction
 ***on the heel flat step the wolf will be howling help him out !

PART B:

HEEL STRUT VINE DS H(xif)S DS H(xif)S DS H(xif)S DS RS
 L R R L R R L R R L RL

CHAIN AROUND DS RS RS RS(1/2R)
 R LR LR LR

2 BOOGIE BASICS DS RS(xib) DS RS(xib)
 L RL R LR
 ----REPEAT ABOVE to face front

CHORUS:

4x TURKEY DRAG BASIC & 2 BASICS

BREAK:

CLOGOVER DS DS(xif) DS DS(xib) DS DS(xif) DS RS(moving left)
 L R L R L R L RL

----REPEAT Clogover moving right

2 COWBOY TURNS DS DS DS BR/UP(1/2L) DS RS RS RS
 L R L R R LR LR LR



PART C:

LUCY BRUSH & FANCY DOUBLE DS BR/UP DS(xif) T(b) DS DS RS RS(3/4L)
L R R L L R LR LR

TRIPLE BRUSH DS DS DS BR/UP(moving forward)
L R L R

TRIPLE ROCK DS DS DS(backing) RS(1/4R) to face back
R L R LR

---REPEAT ABOVE to face front

CHORUS:

4x TURKEY DRAG BASIC & 2 BASICS

PART D :

WALK THE DOG & 2 BASICS DS DS Heel Heel(1/4L) RS DS RS DS RS(moving forward)
L R L R LR L RL R LR

LONG CHARLESTON DS Tch(if) T/H T/H T/H RS DS DS
L R R L R LR L R

WALK THE DOG & 2 BASICS DS DS Heel Heel(1/4L) RS DS RS DS RS(moving forward)
L R L R LR L RL R LR

WALK THE DOG & 2 BASICS DS DS Heel Heel(1/4L) RS DS RS DS RS(moving forward)
L R L R LR L RL R LR

LONG CHARLESTON DS Tch(if) T/H T/H T/H RS DS DS
L R R L R LR L R

WALK THE DOG & 2 BASICS DS DS Heel Heel(1/4L) RS DS RS DS RS(moving forward)
L R L R LR L RL R LR

CHORUS**

4x TURKEY DRAG BASIC & 2 BASICS, on the last one omit the last basic and just STEP
R



Spotlight on.....Recipes to share!

Chunky Maple Butternut Squash

Makes 6 Servings

Ingredients:

- 1 ½ lb. butternut squash, peeled, seeded, and diced
- ¼ cup maple syrup
- 1 ½ tablespoon olive oil
- 1 ½ teaspoon gingerroot, peeled and minced
- 1 teaspoon salt

Preparation:

- ✦ Preheat oven to 400 F.
- ✦ Combine all ingredients and mix well.
- ✦ Place squash in a single layer in a pan sprayed with cooking spray.
- ✦ Bake for 20 – 30 minutes, or until tender.



Enjoy!

Nutritional Information: Servings Per Recipe: 6; Calories: 120; Carbohydrate: 19 g; Cholesterol: 0 mg; Protein: 3 g; Total Fat: 3.5 g; Sodium: 400 mg

Company Potatoes (they'll be coming back for more!)

7-8 Medium Potatoes

- 1 stick of butter (1/2 Cup)
- 1 can of cream of chicken soup, undiluted
- 1 tub of sour cream
- 16 oz of grated cheddar cheese
- 2 bunches of green onions

- ✦ Peel and cut in half the potatoes and boiled till done, but still firm, about 15-20 min. Drain and let cool.
- ✦ In a sauce pan, melt one stick of butter or margarine. Remove from stove. Add one can of cream of chicken soup undiluted. stir till blended, then add one tub of sour cream. Stir till blended. set aside.
- ✦ In the meantime, cut up 2 bunches of green onions. You will also need 16 oz of cheddar cheese grated. So you can grate the cheese or buy it grated.
- ✦ Then grate your potatoes. Yes, grate the potatoes. Trust me, it's the best way. I just grate them into the Casserole dish that I am going to cook them in.
- ✦ Once you have grated the potatoes, add the green onions and cheese. Toss lightly. Then pour the butter mixture over the potatoes and once again toss lightly.
- ✦ Cook for 45 minutes in a preheated oven at 375 degrees.

You can make this dish the day or night before and keep in fridge till you are ready to cook. This lets the flavors really blend in. If you do make this a day ahead, you may need to cook for an hour instead of the 45 min. Just keep an eye on it after the 45 min.

It will be a golden brown and bubbly.

Once it is done, let it set for about 10-15 min.

Option:

You can crush cornflakes on top and then top with some grated cheese.

Seems like a lot to do, but grating the potatoes takes no time at all. It is easier than grating cheese.



Upcoming Events

(see more listings)

September 20 & 21, 2013

Fontana Clogging Jamboree
Fontana Village, NC
(304) 776-9571
ccajeff@aol.com
fontanaworkshop.com

September 27, 2013

NWCA 26th Annual Workshop
Vancouver, WA
Linda Reisig
(604) 946 6417
lreisig@eastlink.ca

September 27-28, 2013

Hillbilly Heaven Workshop
Hazel Dell Grange
Vancouver, WA
Todd Harry (206) 947-8633
www.nwcloggers.com/nwca.htm

September 27-28, 2013

First Coast Clogging Classic
10131 Atlantic Blvd.
Jacksonville, FL 32220
Anne Lanier ALanier821@aol.com

September 28, 2013

NC Clogging Challege
The Blake Hotel
Charlotte, NC
Chip Harrison (704) 823-8667
tncelite@hotmail.com
cloggingchallenge.com

October 11-12, 2013

Fall Grand Delight Workshop
Rochester, MN
Pam Heaton, CCI 612-991-3270
Smashingtoe@yahoo.com
www.PleasantValleyCloggers.com

October 12, 2013

Missouri Clogging Association Workshop
Harrisburg, MO
Jaime Wake
cloggingmama2@yahoo.com
<http://moclog.com/Events.html>

October 19, 2013

OktoberClogFest
Seasons Lodge and Conf Ctr
Nashville, IN
Naomi Fleetwood-Pyle 812-579-6979
Naomi_P@sbcglobal.net

October 19-21, 2013

Blistered Feet Clogging Workshop
Sault Ste Marie Ontario Canada
Duffy Schryer (705) 949-8674

November 1-3, 2013

Nanoose Hall
Nanoose, B.C.
Barb Guenette (250) 722-2953
bguenette@shaw.ca

November 2, 2013

GCA North Workshop
North Georgia Fairgrounds
Dalton, Georgia
Penny Sloan 706-260-7485
luckypenny@optilink.com

November 2, 2013

1st Annual Jersey Jamboree
Monmouth County 4-H
Freehold, NJ
Penny Sloan 706-260-7485
luckypenny@optilink.com

November 15-17, 2013

Hickory Hoedown
Hickory Metro Convention Center
Hickory, NC
AJ & Jill Kirby (828) 396-2052
or (828) 212-0530
simscountrycloggers@yahoo.com
clognc.com

November 28-30, 2013

CLOG National Convention
Renaissance Orlando at Sea World
Orlando, FL
www.clog.org

January 25-26, 2014

Country Rhythym Clogging Workshop
Labelle Civic Center
Labelle, FL

June 25-28, 2014

63rd National Square Dance Convention
State House Convention Center
Little Rock, Arkansas
www.63nsdc.com

Competitions

September 21, 2013

Magic Feet Ultimate Challenge
(ACHF)
Thomasville, NC
Kody Shaw (336) 669-1028
(336) 883-6076
magicfeetcloggers@hotmail.com

September 28, 2013

NC Clogging Challege (CCA)
The Blake Hotel
Charlotte, NC
Chip Harrison (704) 823-8667
tncelite@hotmail.com
cloggingchallenge.com

*Have an event you want listed here?
Send the information to:
CLOGToday@clog.org*

September 29, 2013

First Coast Clogging Classic
10131 Atlantic Blvd.
Jacksonville, FL 32220
Anne Lanier ALanier821@aol.com

October 25-27, 2013

ACHF Annual World Championships
The Stompin' Ground
Maggie Valley, NC
Lou Maiuri (304) 872-5803
achfclog.com

Check with event coordinators to confirm event details!

CLOG Welcomes New Members

Donna Aberman, FL
Amanda Patton, LA
Vivian Godwin, KY
Lois Brantner, ND
Lauryn Galloway, TX

For information on joining CLOG and the benefits of becoming a member, fill out and send in the application in this issue or at our web site at www.clog.org, or contact us at 678-889-4355 or clog@clog.org.



www.clog.org

(678) 889-4355 clog@clog.org

Join the CLOG team

One-year CLOG Membership

Gold (instructors) \$30.00
Silver (dancer) \$25.00

Send the following info & check

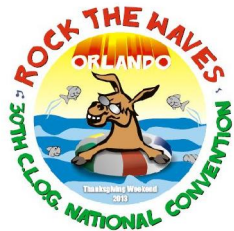
Name Home Phone
Address Work Phone
City, State, Zip E-mail address
Clogging Group Membership
List membership in area, state, and/
or national clogging associations

To: **CLOG, Inc.**

**2986 Mill Park Court
Dacula, GA 30019**



David and Susan Phillips, Executive Directors
2986 Mill Park Court
Dacula, GA USA 30019



**30th Annual CLOG
National Convention ~
Orlando, FL ~
November 28-30, 2013
Make Your Plans Now!**

**NATIONAL
CLOGGING
CONVENTION**



Auxiliary Events:

Certified Clogging Instructor Training Session
~ Monday ~ Wednesday
Judges Training ~ Thursday
CCI Testing ~ Thursday

Pre-Convention Events:

Evening Dance ~ Wednesday
Open Teach Halls ~ Wednesday & Thursday
Dance Exposé' ~ Thursday

Convention Events:

Parade of Colors ~ Thursday Evening
Evening Dancing ~ Thursday - Saturday
Workshops ~ Friday & Saturday
Seminars ~ Friday & Saturday
Exhibitions ~ Friday Evening
Showcase ~ Saturday Evening

Featuring:

20+ Premier Clogging Instructors
Early Registration & Member Discounts

Schedule tentative and subject to Change

Hotel Info:

Hotel Information:

Renaissance Orlando at Sea World
6677 Sea Harbor Drive, Orlando, FL 32821
Hotel No. 1-407-351-5555

Reservation Number:

1-888-789-3090 or 1-407-351-5555 - Code: clog2013
Register on Line - <https://resweb.passkey.com/go/clog2013>

GROUP ROOM RATES

**Rate: \$99 1-4 ppl per room + tax
Guaranteed Rate until 11/4/2013**

Register Online at www.clog.org/convention

**INFO: www.Clog.org
678-889-4355
convention@clog.org**

**CLOG
2986 Mill Park Ct.
Dacula, GA 30019**